

# Amanda's Dance Express LLC

## 2023-2024 Fall/Spring Schedule

### August 26, 2023 – June 15, 2024



|             | Monday   | Tuesday   | Wednesday   | Thursday   | Friday    | Saturday  |
|-------------|--|---|---|--|-----------|---|
| 9:00-10:00  | Ages are a guideline.<br>Please e-mail<br>Amanda or Shelby if<br>you have questions<br>on class placement<br>for your child. |   |   |  |           | Creative Movement<br>(2 ½-3 years)<br>9:15-10:00              |
|             |  |   |   |  |           | Future Stars<br>Ballet-Tap-Jazz<br>(7-10 years)<br>9:00-10:15 |
|             |  |   |   |  |           | PK II<br>Ballet & Tap<br>(3-4 years)<br>9:00-10:00            |
| 10:00-11:00 |  |   |   |  |           | Tiny Hip Hop<br>(4-6 years)<br>10:15-11:00                    |
|             |  |   |   |  |           | PK I<br>Ballet & Tap<br>(3-4 years)<br>10:00-11:00            |
|             |  |   |   |  |           | Rehearsal<br>10:00-11:00                                      |
| 11:00-12:00 |  |   |   |  |           | Intermediate<br>Hip Hop<br>(9-12 years)<br>11:00-12:00        |
|             |  |   |   |  |           | Baby Stars<br>Ballet-Tap-Jazz<br>(5-6 years)<br>11:00-12:00   |
|             |  |   |   |  |           | Rehearsal<br>11:00-12:00                                      |
| 4:00-5:00   | PK I<br>Ballet-Tap<br>(young 3's)<br>4:00-5:00   | PK II<br>Ballet & Tap<br>(4-5 years)<br>4:00-5:00   | Stretch & Strength<br>Minis<br>(5-8 years)<br>4:15-4:45     | Tiny Jazz Technique<br>(4-6 years)<br>4:15-5:00                            |           | Rehearsal<br>12:00-4:00                                       |
|             | Rehearsal<br>Hold Me Down<br>4:30-5:00   | Musical Theatre<br>Jazz & Tap<br>(6-9 years)<br>4:00-5:00                                 | Rehearsal<br>Senior Tap<br>4:30-5:00                        | Beginner<br>Ballet Technique<br>(5-8 years)<br>4:45-5:30                   |           |   |
|             | Jazz Technique<br>Mini Company<br>(5-8 years)<br>4:30-5:15   |   | Ballet Technique<br>Minis<br>(5-8 years)<br>4:45-5:30       |  |           |   |
| 5:00-6:00   | Ballet Technique<br>Seniors<br>(14 & older)<br>by placement<br>5:00-6:30   | Ballet Technique<br>Teens<br>(12-14 years)<br>5:00-6:30                                   | Rehearsal<br>Fund\$<br>5:00-5:30                            | Turning Lab<br>Juniors<br>(8-10 years)<br>5:00-5:30                        |           |   |
|             | Stretch & Strength<br>Pre-Teens<br>(10-12 years)<br>5:00-5:30  | Stretch & Strength<br>Juniors & Junior Prep<br>(8-10 years)<br>5:00-5:30                  | Rehearsal<br>Pre-Teen Small Tap<br>5:00-5:30                | Tiny Tap Technique<br>(4-6 years)<br>5:00-5:30                             |           |   |
|             | Tap Technique<br>Minis<br>(5-8 years)<br>5:15-6:00   | Tiny Hip Hop<br>(4-6 years)<br>5:00-5:45  |   | Tiny Ballet Technique<br>(4-6 years)<br>5:30-6:00                          |           |   |
| 5:30-6:30   | Jazz Technique<br>Combo-Leaps-Turns<br>Pre-Teens<br>(10-12 years)<br>5:30-6:30   | Jazz Technique<br>Combo-Leaps-Turns<br>Juniors & Junior Prep<br>(8-10 years)<br>5:30-6:30 | Turning Lab<br>Seniors<br>(14 & older)<br>5:30-6:00         | Ballet Technique<br>Juniors<br>(8-10 years)<br>5:30-6:30                   | Rehearsal |   |
|             |  | Beginner Hip Hop<br>(7-10 years)<br>5:45-6:30   | PK I<br>Ballet & Tap<br>(3-4 years)<br>5:30-6:30            | Turning Lab<br>Teens<br>(12-14 years)<br>5:30-6:00                         |           |   |
|             |  |   | Ballet Technique<br>Pre-Teens<br>(10-12 years)<br>5:30-6:45 |  |           |   |
| 6:00-7:00   | Baby Stars<br>Ballet-Tap-Jazz<br>(5-6 years)<br>6:00-7:00  |   | Contemporary<br>Seniors<br>(14 & older)<br>6:00-7:00        | Jazz Technique<br>Combo-Leaps-Turns<br>Teens<br>(12-14 years)<br>6:00-7:00 | Rehearsal |   |
|             |  |   |   | Tumbling<br>(4-6 years)<br>6:00-7:00                                       |           |   |
| 6:30-7:30   | Tap Technique<br>Seniors<br>(14 & older)<br>by placement<br>6:30-7:30  | Ballet Technique<br>Juniors & Junior Prep<br>(8-10 years)<br>6:30-7:30                    | Baby Stars<br>Ballet-Tap-Jazz<br>(5-6 years)<br>6:30-7:30   | Tap Technique<br>Juniors & Junior Prep<br>(8-10 years)<br>6:30-7:00        |           |   |
|             | Ballet Technique<br>Pre-Teens<br>(10-12 years)<br>6:30-7:45  | Tap Technique<br>Teens<br>(12-14 years)<br>6:30-7:30                                      | Turning Lab<br>Pre-Teens<br>(10-12 years)<br>6:45-7:15      |  |           |   |

Class Schedule Subject to Change (Schedule as of 8/14/2023)  
 972-602-8811 | amandasdance.com | [amandasdance@msn.com](mailto:amandasdance@msn.com)

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|           | Monday  | Tuesday   | Wednesday   | Thursday   | Friday | Saturday |
|-----------|---|---|---|--|--------|----------|
|           |   | PK II<br>Ballet & Tap<br>(4-5 years)<br>6:30-7:30                                 |   |  |        |          |
| 7:00-8:00 | Jazz Technique<br>(10-12 years)<br>7:00-7:45                                |   | Ballet Technique<br>Seniors<br>(14 & older)<br><i>by placement</i><br>7:00-8:30 | Rehearsal<br>Funky Monkey<br>7:00-7:30                       |        |          |
|           |   |   | Contemporary<br>Pre-Teens<br>(10-12 years)<br>7:15-8:15                         | Future Stars<br>Ballet-Tap-Jazz<br>(7-10 years)<br>7:00-8:30 |        |          |
|           |   |   |   | Ballet Technique<br>Teens<br>7:00-8:15                       |        |          |
| 7:30-8:30 | Stretch & Strength<br>Seniors<br>(14 & older)<br>7:30-8:00                  | Stretch & Strength<br>Teens<br>(12-14 years)<br>7:30-8:00                         | Jazz & Tap<br>(9-12 years)<br>7:30-8:30   | Rehearsal<br>Junior Tap<br>7:30-8:00                         |        |          |
|           | Contemporary<br>(10-12 years)<br>7:45-8:15                                  | Dance Team<br>Technique<br>(9 <sup>th</sup> -12 <sup>th</sup> grade)<br>7:30-8:45 |   |  |        |          |
|           | Tap Technique<br>Pre-Teens<br>(10-12 years)<br>7:45-8:45                    | Hip Hop<br>(10-13 years)<br>7:30-8:30   |   |  |        |          |
| 8:00-9:00 | Jazz Technique<br>Combo-Leaps-Turns<br>Seniors<br>(14 & older)<br>8:00-9:00 | Contemporary<br>Teens<br>(12-14 years)<br>8:00-9:00                               | Hip Hop<br>Pre-Teens<br>(10-12 years)<br>8:15-9:00                              | Acro & Tumbling<br>(7 & older)<br>8:00-9:00                  |        |          |
|           |   |   | Pointe II<br><i>by placement</i><br>8:30-9:30                                   | Beginner Pointe<br><i>by placement</i><br>8:15-9:00          |        |          |